

**What is Nevada Caring Contacts?**

- Offers adjustable intervention for preventing suicide attempts and ideations
- Supplements traditional mental health services
- Provides messages of support and valid resources
- Fills the gap between identification and follow-up

Why is it needed in Nevada?

- Repeat ER visits due to stress on crisis systems
- As many as 70% of those that survive suicide attempts never attend their first appointment or maintain treatment
- Risk of another attempt remains high up to 3–6 months after discharge

How to make a Referral?

- Connect with the Warmline main phone number or soon through Open Beds
- Make a referral including when to call and how often
- Set up a time and day for an initial introduction
- Client receives scheduled calls until the situation has de-escalated

How does it work?

- Providers make a referral directly to the Warmline (or soon through Open Beds)
- First call from Warmline is within 24 hours of referral
- Participant and Warmline operator set up scheduled contact times
- Warmline closes the information loop by following up with the source of the referral

What is the Warmline?

- Inbound/Outbound Contact
- Operates year-round
- One-on-one peer support
- Phone, text, and video conference options
- Calls are made or answered by Peer Wellness Operators

What is Peer Support?

- Shared lived experience with mental illness and/or suicide attempt
- Supports daily management
- Social and emotional support
- Linkage to clinical care and community resources
- Ongoing support, extended over time
- Person-centered approach
- Complement, and supplement care

For more information or to make a referral:

call - (775) 241-4212

or

email - caringcontacts.namiwnv@gmail.com